

CHAPTER 12: Health, Safety and Wellbeing

12.1 Strategic Goal: Health

To aim for all students' and staff to be fitter and healthier when leaving College, than when they arrived:

- (i) Continue to review and improve the provision of a wider range of healthy eating options within site facilities.
- (ii) Identify any additional opportunities for on-site health promotion and preventative diagnostics.
- (iii) Identify and promote options for staff to engage with health related courses delivered by external specialists.
- (iv) Continue to improve staff and student health, through considered design when upgrading existing buildings.

12.2 Strategic Goal: Safety

College users to feel safe at all times:

- (i) Continue to expand ownership of safety at a local level, including the involvement of the health and safety committee members, focusing on using a team or school approach, to link in the specifics.
- (ii) Further enhance reporting and investigation systems to ensure quality information on safety incidents, near misses, dangerous occurrences and accidents is comprehensively used to help eliminate future incidents.
- (iii) Review options for best practice in building safety when upgrading facilities against refurbishment programmes.

12.3 Strategic Goal: Wellbeing

Further build up and enhance staff resilience to assist with changing life events:

- (i) Build on our Mindful Employer commitment and continue to build staff wellbeing and resilience within the College, including work/life balance.
- (ii) Identify at an early stage any potential chronic health issues and advise or provide services to eliminate or manage.