

Diploma in Therapeutic Counselling

Level 4 CPCAB

This part-time qualification gives learners the knowledge, skills and competencies to work as a therapeutic counsellor in an agency context. It is designed to lead to an employed or voluntary role in a counselling agency in both health care and non-medical settings. Learners with sufficient experience can also begin working as independent practitioners in private practice. The course is delivered one day a week over two years.

Course duration: 2 years (30 weeks per year, 6 hrs per week)

Price: £4514

An Advanced Learner Loan is available, subject to eligibility criteria. The course fee does not include BACP membership.

What will I learn?

The course involves experiential elements and learning that will involve some personal disclosure and associated personal development activities. The course incorporates a minimum of 100 hours formally-contracted counselling (one-to-one), with at least 5 different clients in an agency setting and will cover the following units:

- Working ethically, safely and professionally as a counsellor
- Working within a counselling relationship
- Working with client diversity in counselling work
- Working within a user-centred approach to counselling
- Working with self-awareness in the counselling process
- Working within a coherent framework of counselling theory and skills
- Working self-reflectively as a counsellor

How will I be assessed?

Assessment is ongoing and made up of self-assessment, peer feedback, tutor assessment, written assignments, case studies and presentations.

You will also need to produce a portfolio of documentary evidence based around the units outlined above. This will include assignments, supervision records, a personal therapy record, an agency record, case studies and self-reviews.

Year 2 features an external assessment, which involves submitting a 30-minute audio recording and associated candidate review paper (currently two hours) taken under exam conditions and assessed by CPCAB.

What are the entry requirements?

You must have obtained both CPCAB qualifications: Level 2 Certificate in Counselling Skills and Level 3 Certificate in Counselling Studies, or their equivalent with a previous 180 hours of counselling skills training. All applicants must be at least 19 years of age.

In addition, you must not be in a current state of severe emotional difficulty or severe psychological confusion and you must not be currently involved in substance misuse (there is a requirement to be two years' post-rehabilitation).

Applicants need to be able to handle the level of academic work required and show a willingness to take responsibility for oneself. They must be able to respect others regardless of race, ethnic origin, gender, sexual orientation or disability.

You will also be required to submit a 1000 word statement discussing your reasons for applying to this course along with a recent academic reference. Furthermore, you will also need to have an interview to assess your eligibility which will include a group activity.

What progression is there?

Successful completion of this course will allow you to apply for higher level qualifications. Please be aware that if your long term goal is to work in an area with vulnerable adults or any person under the age of 18, it will be necessary to undergo a disclosure and barring services (DBS) check at your place of employment. If you have a criminal conviction this may exclude you from working in some job roles.

DBS (Disclosure & Barring Service) Check

You must be prepared to comply with the vetting procedures for those working with vulnerable adults, children and young people as required by current legislation (ie undertake an Enhanced Disclosure & Barring Service check). A charge of £50* for processing DBS applications will be made; this fee is included in the course fees. *Price correct at Jul 2020.

You will also need to satisfy the Runshaw College Fitness to Practice Policy. A copy of this policy is available on request.

Money Matters

You may be eligible to apply for an Advanced Learner Loan to cover the cost of the course fees.

To find out more about financial support available to you please contact Student Services on 01772 643020 or visit the 'Money Matters' page on our website www.runshaw.ac.uk

Where will I study?

Daytime:

Runshaw College, Chorley Campus, Euxton Lane, Chorley, PR7 6AQ.

How do I find out more and apply?

For more information about the course and how to apply contact the Adult Admissions Office by emailing justask@runshaw.ac.uk or calling 01772 642040.

Anything Else?

The awarding body for this course is the Counselling & Psychotherapy Central Awarding Body (CPCAB). This is a UK awarding body that is managed by professional counselling practitioners, trainers and supervisors. It is the only awarding body in Europe to specialise in the field of counselling.

You will be required to undertake a minimum of 10 hours personal counselling at an appropriate point during the 2 year course- This cost is included in the course fees.

Once you start your agency client work, you are required to attend clinical supervision- minimum 1.5 hours per month. This cost is included in the course fees.

In addition, you will be expected to join the British Association for Counselling and Psychotherapy (BACP) as a student member (priced at £82 per year or a reduced fee of £41 per year for students with no personal income or who are receiving certain state benefits as of Jan 2020).

There will also be a mandatory two night residential trip during the course which promises to be a very valuable learning and personal development experience. This cost is included in the course fees.

This information is correct at time of printing but may be subject to amendment and we reserve the right to cancel courses.

RUNSHAW COLLEGE

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