

Certificate in Counselling Skills

Level 2 CPCAB



This portfolio based course is designed for those who want to learn listening/counselling skills to help others, either in a voluntary or employed capacity, or those who want to find out more about this field.

The course won't teach you to be a counsellor but may help you decide whether or not to continue with further training. It is designed specifically to train you in the basic counselling skills which may be used in employment and everyday life to assist in improving communication and supporting others.

The course is accredited by CPCAB (Counselling & Psychotherapy Central Awarding Body).

Course duration: 30 weeks (Part time)

Price: £811

What will I learn?

This course:

- explores a range of counselling skills and allows you to put them into practice with other students in your group.
- introduces the 'Person Centred Approach' to help understanding of the application of counselling skills.
- develops self awareness regarding own attitudes, values and beliefs.
- supports safe and ethical working within a professional code of conduct.

How will I be assessed?

This is an excellent opportunity to develop your personal awareness and extend your listening skills. Assessment comprises:

- one self review to show your development.
- one 2000 word essay.
- one recorded skills session of 20 minutes plus evaluation.
- an externally marked question paper, answering questions on a pre-prepared DVD.

You will be expected to keep a weekly Learning Review of your experiences throughout the course. Study skills support is available at Runshaw College, particularly with essay writing skills.

What are the entry requirements?

Applicants should hold English GCSE grade A*-C/9-4 or equivalent – this is to support the oral and written skills and requirements of this course. If an applicant does not hold this qualification a diagnostic assessment will be carried out to ascertain the level at which they are working – a minimum of Level 2 is an entry requirement for this course.

Furthermore, if you have already undergone some counselling skills training or use counselling skills in your employment, this would be an advantage.

Applicants need to be able to demonstrate their ability to handle the level of academic work required and show willingness to take responsibility for oneself. Applicants must be able to respect others regardless of race, ethnic origin, gender, sexual orientation or disability.

This course involves experiential elements that will require some personal disclosure and associated personal development.

What progression is there?

On successful completion of this course you will be awarded a Counselling Skills Level 2 Certificate and may wish to apply to study the Certificate in Counselling Studies Level 3, also available at Runshaw College.

Please be aware that if your long term goal is to work in an area with vulnerable adults or any person under the age of 18, it will be necessary to undergo a disclosure and barring services (DBS) check at your place of employment. If you have a criminal conviction this may exclude you from working in some job roles.

Where will I study?

Daytime:

Runshaw College, Chorley Campus, Euxton Lane, Chorley, PR7 6AQ.

Evening:

Runshaw College, Leyland Campus, Langdale Rd, Leyland PR25 3DQ.



What's your **#future?**

Money Matters

Depending on your circumstances, you may be eligible to study this course free of charge.

To find out more about the financial support available to you please contact Student Services 01772 643020 or visit the 'Money Matters' page on our website www.runshaw.ac.uk.

How do I find out more and apply?

For more information about the course and how to apply contact Adult Admissions Office by emailing justask@runshaw.ac.uk or call 01772 642040.

Anything Else?

This information is correct at time of printing but may be subject to amendment and we reserve the right to cancel courses.

Outstanding
support and
guidance

R U N S H A W C O L L E G E

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