BTEC Health and Social Care

*Human Lifespan Development is a mandatory unit which is externally assessed. This subject is about development across the lifespan, from birth to older adults 65+. You will learn all about how we develop and factors that can affect this.*

# Task 1 – PIES

This unit uses the abbreviation of PIES to represent the FOUR areas of human development.

PIES stands for:

* **P**hysical development
* **I**ntellectual development
* **S**ocial development
* **E**motional development

Do some independent research to find out:

1. A definition for each of the PIES in relation to human development
2. Examples of how each area of human development can be recognised in children and people.

# Task 2 – Growth and Development

Do some research to answer the following questions

1: Define the term ‘Growth’

2: Explain the 4 principles of Growth

3: Identify ways we can record/measure Growth

4: There are SIX life stages in human development. You need to know them all, using the correct terminology.

Fill the gaps in the table:

|  |  |
| --- | --- |
| 0-2 years | Infancy |
|  | Childhood or Early Childhood |
| 9-18 years |  |
|  | Early Adulthood |
|  | Middle Adulthood |
| 65+ years |  |

# Task 3 – Physical Development - Motor Skills

Produce a poster, with appropriate images, which explains the motor skills developed in children between the ages of 0-5 years old. You must include BOTH gross motor skills and fine motor skills with examples.

**Task 4 – Intellectual Development**

Complete the table below:

|  |  |  |  |
| --- | --- | --- | --- |
| **Stage** | **Approx. age** | **Things children can do** | **Things children find difficult** |
| Sensorimotor stage |  |  |  |
| Pre-operational stage |  |  |  |
| Concrete operational stage |  |  |  |
| Formal operational stage |  |  |  |