BTEC Health and Social Care

*Human Lifespan Development is a mandatory unit which is externally assessed. This subject is about development across the lifespan, from birth to older adults 65+. You will learn all about how we develop and factors that can affect this.*

# Task 1 – PIES

This unit uses the abbreviation of PIES to represent the FOUR areas of human development.

PIES stands for:

* **P**hysical development
* **I**ntellectual development
* **S**ocial development
* **E**motional development

Do some independent research to find out:

1. A definition for each of the PIES in relation to human development
2. Examples of how each area of human development can be recognised in children and people.

# Task 2 – Growth and Development

Do some research to answer the following questions

1: Define the term ‘Growth’

2: Explain the 4 principles of Growth

3: Identify ways we can record/measure Growth

4: There are SIX life stages in human development. You need to know them all, using the correct terminology.

Fill the gaps in the table:

|  |  |
| --- | --- |
| 0-2 years  | Infancy  |
|   | Childhood or Early Childhood  |
| 9-18 years  |   |
|   | Early Adulthood  |
|   | Middle Adulthood  |
| 65+ years  |   |

# Task 3 – Physical Development - Motor Skills

Produce a poster, with appropriate images, which explains the motor skills developed in children between the ages of 0-5 years old. You must include BOTH gross motor skills and fine motor skills with examples.

**Task 4 – Intellectual Development**

Complete the table below:

|  |  |  |  |
| --- | --- | --- | --- |
| **Stage**  | **Approx. age**  | **Things children can do**  | **Things children find difficult**  |
| Sensorimotor stage  |    |   |   |
| Pre-operational stage  |   |   |   |
| Concrete operational stage  |   |   |   |
| Formal operational stage  |   |   |   |