

Physical Education

100%
Pass Rate

69%
A*-B Grades

**Sports
Academy**

**Exam
support
tutorials**

**Excellent
Facilities**



A Level Physical Education

Students will experience interactive and innovative approaches to learning on this Sport & Physical Education course. Teachers ensure that students undertake a range of interesting and exciting activities within lessons to underpin learning and develop understanding.

Students will have the chance to use some of the department's excellent facilities, including the 3G and grass pitches, well-equipped fitness suite and sports hall.

Students are fully supported in their learning both inside and outside of the college via the college's interactive learning environment. Here they will be able to access class notes, revision materials, quizzes, news forums and links to examination materials. Additionally, students will receive in-class exam tutorials to support them in their application of knowledge to the exam.

Guest speakers are also invited into the department from industry and Higher Education to support the learning journey.

The units covered during the course include, Applied Anatomy and Physiology, Skill Acquisition, Sport and Society, Biomechanical Movement, Sport Psychology and the Role of Technology in Physical Activity and Sport. In terms of assessment, this is broken down as follows:

Paper 1:

Factors affecting participation in physical activity and sport

Written Exam – 2 hours - 105 marks
35% A Level

Paper 2:

Factors affecting optimal performance in physical activity and sport

Written Exam – 2 hours - 105 marks
35% A Level



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Non Examined Assessment:

Practical performance in physical activity and sport

90 marks
30% A Level

All students complete a practical unit and will have the opportunity to utilise their knowledge developed during the course to improve their own practical performance as a performer or coach in the full sided version of one activity.

Students elect one sport to be examined in from an extensive list and, where possible, will work with the Sports Academy coaches to generate evidence as well as being able to analyse and evaluate their performance.

Entry Requirements:

A minimum of 5x Grade 5s, including PE (if taken) and Science OR Biology.

What's great about this course?



Practical and theoretical support



Links to Higher Education institutions



Exam support

Sports Academy
Proud to Partner

Mastercard
kerakoll

Chorley Council

fsb
Experts in Business

South Ribble
borough Council

For more information about our courses, visit runshaw.ac.uk
call **01772 643000** or email info@runshaw.ac.uk