

Counselling Skills

Level 2 CPCAB Certificate

Small
class
sizes

Outstanding
Support

Excellent
Progression

Industry
Expert
Teaching

Learner
Centred



Counselling Skills

Counselling Skills involve the ability to listen to another person and hear exactly what they are trying to say, from their point of view. This portfolio based course is designed for those who want to learn listening/counselling skills to help others, either in a voluntary or employed capacity, or those who want to find out more about this field.

Duration

30 weeks.

Price

£811* - FREE subject to eligibility

Learning Method

This course is currently fully delivered in the classroom. This is regularly reviewed.

Entry Requirements

Applicants should hold English GCSE grade A*-C/9-4 or equivalent – this is to support the oral and written skills and requirements of this course.

Furthermore, if you have already undergone some counselling skills training or use counselling skills in your employment, this would be an advantage. Applicants need to be able to demonstrate their ability to handle the level of academic work required and show willingness to take responsibility for oneself.

Applicants must be able to respect others regardless of race, ethnic origin, gender, sexual orientation or disability. This course involves experiential elements that will require some personal disclosure and associated personal development.

What will I learn?

This course:

- explores a range of counselling skills and allows you to put them into practice with other students in your group.
- introduces the 'Person Centred Approach' to help understand the application of counselling skills.
- develops self awareness regarding own attitudes, values and beliefs.
- supports safe and ethical working within a professional code of conduct.

Course units



Self-awareness



Using feedback and reflection



Establishing boundaries



Working emphatically

Why should you study at Runshaw?

- Non-judgemental and inclusive learning environment which encourages self-awareness.
- Industry experts who model counselling theory and best ethical practice.
- Experiential and learner centred approach which allows students to deliver their work in way that is meaningful to them.

Progression

On successful completion of this course you will be awarded a Counselling Skills Level 2 Certificate and may wish to apply to study the Counselling Studies Level 3 Certificate, also available at Runshaw College.

Where are **you** going?

Counsellor

Parole Officer

Social Worker

Psychologist

#FutureYou



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Funding

This course may be FREE if you...

- You are unemployed (and looking for work) and in receipt of JSA, Universal Credit, Child Benefit and Carers Allowance*.
- You are earning less than £20,319 annually (before tax)*.

If this criteria doesn't apply to you, then you could also either pay in three instalments or pay the fee in full.

*Please note that if you are aged between 19-23, you will need a full L2 qualification to access this funding.

Other courses we offer

- Maths Functional Skills (Entry Level 3, Levels 1&2)
- English Functional Skills (Entry Level 3, Levels 1&2)
- CIPD Foundation Certificate in People Practice Level 3
- Teaching Assistant Level 2 Certificate in Supporting Teaching and Learning



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