

# Counselling Studies

## L3 CPCAB Certificate

Small  
class  
sizes

Outstanding  
Support

Excellent  
Progression

Industry  
Expert  
Teaching

Learner  
Centred



# Counselling Studies

This course provides learning experiences which will enable you to develop and practice counselling skills. It will also increase your knowledge/understanding of such skills and look at counselling theories in more depth. It is specifically designed for those who want to take the next step towards training to become a counsellor (having already acquired some counselling skills), or continue their skills development for voluntary work or employment. This level does not qualify you to be a counsellor.

## Duration

30 weeks.

## Price

£811 - FREE subject to eligibility.

## Learning Method

This course is currently fully delivered in the classroom. This is regularly reviewed.

## What will I learn?

This course:

- learn more about agency work and develop an understanding of how an Ethical Framework supports safe practice.
- explore the effects of attitudes and personal value choices brought to the counselling relationship.
- consider issues relating to valuing diversity within ourselves and work situations, including mental health issues.
- increase your knowledge and understanding of person-centred counselling theory.
- explore in general terms how research informs the development of counselling theory and counselling practice.

## Course units



Using counselling theory



Supporting counselling studies



Understanding relationships



Empathic understanding

## Entry Requirements

You should have previously undertaken 90 hours of counselling skills training, eg by completing the CPCAB Counselling Skills Level 2 Certificate (CSK-L2) or equivalent. You will also need to have an interview to assess your eligibility for the course.

Applicants need to be able to demonstrate their ability to handle the level of academic work required and show willingness to take responsibility for oneself.

Applicants must be able to respect others regardless of race, ethnic origin, gender, sexual orientation or disability.

### Why should you study at Runshaw?

- Non-judgemental and inclusive learning environment which encourages self-awareness
- Learners regularly engage in group supervision, preparing them for clinical practice.
- Industry experts who model counselling theory and best ethical practice.
- Weekly skills sessions with peers help to embed counselling theory and practice, ensuring learners become confident and safe practitioners.

### Progression

Successful completion of this course will allow you to apply for higher level qualifications. Runshaw College offers a progression route onto Level 4 Therapeutic Counselling.

Please contact [justask@runshaw.ac.uk](mailto:justask@runshaw.ac.uk) for more information.

Where are **you** going?

Counsellor

Parole Officer

Social Worker

Psychologist



#FutureYou

# Counselling Studies

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### Funding

This course may be FREE if you...

- Are aged 19-23 and have not already achieved a full Level 3.
- Are unemployed (and looking for work) and in receipt of JSA, Universal Credit, Child Benefit and Careers Allowance.
- Earn less than £20,319 annually before tax.

If you are aged 19 or over and thinking about studying a further education - vocational, technical or professional course, you may qualify for an Advanced Learner Loan to help you pay your course fees.

You could also either pay in three installments or pay the fee in full.

### Other courses we offer

- Diploma in Therapeutic Counselling Level 4 CPCAB.
- CIPD Foundation Certificate in People Practice Level 3.
- Access to Higher Education: Social Sciences (Psychology, Criminology & Sociology) Level 3.



Scan here to find out more!



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