

# T Level Technical Qualification in Health: Supporting the Adult Nursing Team



## What is T Level Health?

T Level Health is a technical study programme, aimed at preparing young people for work, higher level apprenticeship or higher education in the field of Health and Social Care. At Runshaw College we are aware of the skills gap in health and social care and believe the T Level Health will support students in gaining the skills, knowledge and behaviours required for a career in health. The qualification is the equivalent of 3 A levels.

The T Level in Health is a full time, two-year programme and has 2 main components:

1. Core component in Health which is taught in Year 1
2. Occupational Specialist component: **Supporting the Adult Nursing Team** which is covered in Year 2

## Will I do work placement?

You will also complete a mandatory Industry Placement covering a minimum of 315 hours (approx. 45 days) with an organisation within the Healthcare sector. The Industry Placement will provide an opportunity for you to gain and develop the knowledge, skills and behaviours required to gain employment in the health and social care sector. The Industry Placement will be split into block placements

over the two-year course to ensure you meet the minimum threshold of 315 hours. The Industry Placement gives you the opportunity to experience what a real career is like while you continue your studies.

At Runshaw College we have developed a close working relationship with our local NHS trust, Lancashire Teaching Hospitals, who we work in partnership with to offer our T Level Health students placements at their Preston and Chorley hospitals. This provides our students with invaluable experience of the roles and responsibilities of the adult nursing profession. The Industry Placement is an essential component of the T Level and must be completed in order to achieve the qualification.

There will be specific requirements and associated costs with a placement within an NHS hospital and these are highlighted in the next section of this document. Students may opt to complete their placement within another relevant setting linked to the health and social care sector e.g., care/nursing homes, this can be discussed at the start of the course.

# T-LEVELS

# FAQs

## Supporting the Adult Nursing Team **T-LEVELS**

### What grades do I need to get on the course?

You will need a minimum of 2 GCSEs at Grade 5 (English and Science) and GCSEs 4 and above to include Maths.

### What will I learn?

Year 1 of the T Level provides students with an in depth overview of the sector where you will cover the core component which includes:

- Working in the healthcare sector
- Managing personal information
- Health, safety and safeguarding
- Person-centred care
- Health and Wellbeing
- Infection prevention and control
- Biology
- Chemistry
- Physics

In Year 2 you will focus on the occupational specialism: supporting the adult nursing team which includes:

- Assisting the adult nursing team with clinical tasks
- Supporting individuals to meet activities of daily living
- Skin integrity assessments and with the care and treatment of skin conditions.

### How will I be assessed on the T Level and how is it graded?

- Year 1 is assessed by 2 external exams and an employer led project (ESP) completed under supervised conditions.
- Year 2 is assessed by Controlled Assessments and Practical Skills Tests.

Students who complete their T Level will receive an overall grade of Pass, Merit, Distinction or Distinction\*.

### Who will teach me on the course?

#### Tim Antrobus

Course leader for Year 1 T Level Health



I am a former Registered General Nurse and District Nurse. After completing my training at the University of Liverpool in 1995 I moved to Oxford where I worked as a staff nurse on an acute medical ward at the John Radcliffe Hospital. I then spent time working in the hospital's cardiac catheterisation unit. In 2000 I transferred to the Radcliffe Infirmary, Oxford, where I worked as a Diabetes Nurse. In 2002 I moved to Preston and worked as a Nurse Advisor for NHS Direct, before becoming a full-time lecturer for Runshaw College in 2006.

#### Yvette Mitchell

Course leader for Year 2 T Level Health



I have had 22 years of clinical experience within the NHS and private nursing sector. As a Registered General Nurse and Registered Midwife, I have held numerous positions of seniority over the years, including my final role as Nursing Director. In all positions I was responsible for accurate record keeping and working as an autonomous practitioner. Mentoring of junior staff and providing education programmes within the community and hospital clinics. As a midwife I was responsible for the care of clients and their babies, before, during and after delivery, demonstrating research-based practice to a high standard. Working within a multidisciplinary team within clinics demographically based within disadvantaged communities, experiencing teenage pregnancies, substance misuse and socio economic deprivation and all the associated problems of the community.

#### Katie Entwistle

Course Leader for L1 and L2 Health and Social Care and teacher on T Level

I have experience working as a carer providing domiciliary care for service users with diverse needs. This included providing all aspects of personal care, moving and handling and medication. My teaching training is specialised in working with learners with additional

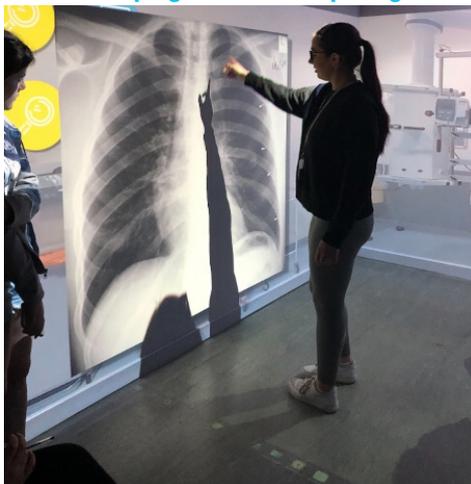


needs and I have worked with a variety of learners to equip them with the essential skills, knowledge and understanding to overcome barriers and reach their full potential. As part of my previous job role, I was the safeguarding lead and attended numerous multi agency meetings and CSE meetings with Preston Police. I have been teaching Health and Social Care since 2014 on all levels. I particularly enjoy supporting students through exams with a variety of resources and activities to embed knowledge.

### Runshaw's facilities for T Level Health

Runshaw College prides itself on the resources available to students completing the T Level Health Course. We have recently acquired an Anatomage table which is the most technologically advanced 3D anatomy visualisation and virtual dissection tool for anatomy and physiology education. We also have an immersive room that allows interactive learning by superimposing medical scenes on walls for students to learn how to support services users in certain situations e.g. hospital wards/scenarios. Also, by September 2023, we will have completed creating a hospital ward, nursing home and home environment that is to be used to aid students in practical hands-on experience in order to simulate real working practice.

### Where can I progress after completing the



### course:

- Into employment – opportunities may include Care worker, Healthcare assistant, Emergency care assistant, Palliative Care assistant or Ambulance support worker or other related careers in health and social care.
- Into Higher Education- to study a degree in one of the following areas, adult nursing, midwifery, paramedics, senior healthcare support worker or other related careers in health and social care

Please note the T Level Health study programme recognised by higher education institutions (HEIs) and carries UCAS points. We recommend you research the entry requirements for the Universities that you are interested in progressing to. If their entry requirements are not stated on their website please telephone the university to enquire.

### Moving and Handling

# FAQs

## NHS Placements



- Students will receive moving and handling training delivered in the hospital by the NHS. This is essential for their own safety and the safety of the service users.

### Uniforms

- Uniforms (Tunic's) will be provided by the hospital at a cost of £10 deposit per uniform.
- It is recommended students get 2 uniforms with a total cost of £20.
- Parents, Guardians or Students will be responsible for paying the deposit, unless students are on bursary.
- Deposits will be refunded when the uniform is returned at the end of the placement providing the uniform is in good condition with no damage.
- Parents, Guardians or Students must purchase trousers. Trousers must be dark (preferably navy or black), no leggings, tracksuits, jeans or cropped trousers. Cost will be based on the trousers chosen by the student, at their own expense.
- Lancashire Teaching Hospital have a strict uniform policy that must be adhered to.

### Footwear

- Shoes need to have a non-slip sole and be non-porous so they can be wiped down.
- Trainers can be worn if they are plain and of a dark colour, with no coloured flashes.
- Cost will be based on the footwear chosen by the student, at their own expense.

- Vaccinations required:
  - Hep B
  - MMR (Measles Mumps and Rubella)
- Students must provide evidence of both vaccinations.
- If vaccinations are needed these must be booked through own GP surgery.
- Any cost will be covered by parent, guardian or student unless on bursary.
  - Hep B in the region of £48 per vaccination x3 required.
  - MMR in the region of £43 per vaccination x2 required.

### DBS

- Runshaw College will fund and arrange for DBS – Students must keep their DBS in a secure location.
- Students must be able to produce their DBS certificate prior to placement starting. Any lost DBS checks must be replaced and paid for by student - £48.
- To obtain a DBS certificate students will be required to produce several forms of identification, which could include: Passport, Original Full Birth Certificate, Proof of Address e.g. bank statement.

For up to date information on accepted identification please scan the QR code.



### Transport

- From home to Chorley or Preston Teaching Hospital and return – minimum 45-55 days / 315 hours on placement.
- There will be transport costs associated with your Industry Placement, this will depend on the location of the placement and where the student is travelling from. This will be discussed further once the student is on programme and placement location is confirmed.

For more information about our courses, visit [runshaw.ac.uk](http://runshaw.ac.uk)  
call **01772 643000** or email [info@runshaw.ac.uk](mailto:info@runshaw.ac.uk)